

## **User's manual for caregivers**

Insert the 100pt font wheel into the holder. Have your patient/loved one look at the letter displayed in the cut out. Ask them what point on the target they can see. Now have them move their line of sight in the opposite direction until the letter is in this sweet spot. Ask them if they can read the letter. Once they can rotate the wheel to display a new letter.

As they get more comfortable, move to smaller size fonts and eventually to the word wheel. You can also make your own wheel using the blank template if they need more specialized practice.

This practice can be exhausting and feels counterintuitive but will help them learn to maximize their vision.