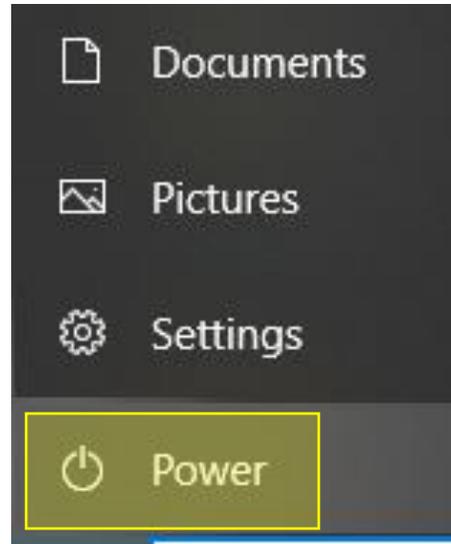# Restart the Computer Once a Day
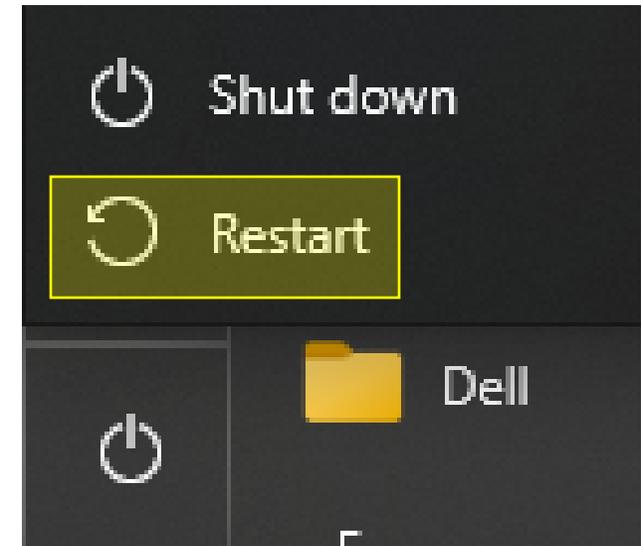
Click on the "Windows Start" icon on the lower left hand corner of the screen:

Click on the Power icon:

Click on the Restart icon:

Restarting once a day keeps the computer running smootly