

PUMPKIN PIE SMOOTHIE

Honeysuckle

INGREDIENTS:

- 1 cup Rolled Oats
- ½ cup Pumpkin Puree
- ¼ cup Greek Yogurt
- ¼ cup Soy Milk
- ½ Banana
- 1 teaspoon Pumpkin Spice
- 1 teaspoon Maple Syrup
- handful of Ice cubes

PREPARATION:

1. Mix together all the ingredients in a blender for 1 minute until it's nice and smooth. If the smoothie is too thick then add more Soy Milk and continue blending. Enjoy!

SERVINGS: 2

