

YouTube Walkthrough  
[https://youtu.be/ppexv8Buj\\_4](https://youtu.be/ppexv8Buj_4)

# Adult Size Template

Embroidery Instructions:  
<https://tinyurl.com/embmask>



C3. Fold A3 to this Line

C3. Fold A3 to this Line

B3. Valley Fold

B3. Valley Fold

A2. Mountain Fold

A2. Mountain Fold

C2. Fold A2 to this Line

C2. Fold A2 to this Line

B2. Valley Fold

B2. Valley Fold

A2. Mountain Fold

A2. Mountain Fold

C1. Fold A1 to this Line

C1. Fold A1 to this Line

B1. Valley Fold

B1. Valley Fold

A1. Mountain Fold

A1. Mountain Fold

Print out 2 templates on cardstock  
Check dimensions of template with a ruler  
Cut out both templates  
Use 1 template as your fabric template.  
Fold second template starting with a "mountain fold" at A1  
Do a "valley fold" for B1 using the "C1. Fold A1 to this Line" as a guide  
Repeat for A2, B2, A3, B3

7.5" or 190mm

10.5" or 266 mm